

CURRICULUM VITAE

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Education:

- 2008–2014 Ph.D., Institute of Social Work, Tallinn University, Estonia
2006–2007 Master of Social Sciences in Social Work, Department of Applied Social Sciences, City University of Hong Kong, Hong Kong
1999–2003 Bachelor of Arts in Social Work, Department of Social Work, National Women's University of China, Beijing, China

Ph.D. dissertation:

European Older Adults' Well-being and Suicide in the Societal and Family Context. Tallinn University, Tallinn, Estonia, 2014. Supervisors: Prof. Dr. Airi Värnik, Tallinn University, Estonia & Dr. Kairi Kasearu, University of Tartu, Estonia

- *The best doctoral dissertation in Social Sciences, the University Student Research Competition for 2014, Tallinn University, Estonia*
- *The first prize for doctoral dissertation in social field, the Student Research Competition for 2014, Estonian Ministry of Social Affairs, Estonia*

Professional employment:

- 2015–now Associate Senior Lecturer, Department of Sociology and Work Science, University of Gothenburg, Sweden
2015–2016 Parental leave (2015.10–2016.08)
2012–2014 Researcher and Project Manager, Estonian-Swedish Mental Health and Suicidology Institute
2011–2012 Contractual Lecturer, Social Work Institute, Tallinn University, Estonia
2008–2012 Researcher, Estonian-Swedish Mental Health and Suicidology Institute
2004–2006 Administrative Assistant, Department of Education and Training, Beijing Suicide Research and Prevention Center, Beijing Huilongguan Hospital, China
2003–2006 Project Translator and Investigator, Beijing Suicide Research and Prevention Center, Beijing Huilongguan Hospital, China
2003–2004 Lifeline Operator, Beijing Suicide Research and Prevention Center, Beijing Huilongguan Hospital, China
2002–2003 Clinical Intern, Beijing Suicide Research and Prevention Center, Beijing Huilongguan Hospital, China

Awards and scholarships:

- 2014.12.17 The best doctoral dissertation in Social Sciences, the University Student Research Competition for 2014, Tallinn University, Estonia
- 2014.12.08 The first prize for doctoral dissertation in social field, the Student Research Competition for 2014, Estonian Ministry of Social Affairs, Estonia
- 2010–2012 Travel grants by the Archimedes Foundation (The DoRa program activity 8), Tallinn, Estonia (5 conferences)
- 2008–2012 Stipend of Tallinn University, The DoRa program activity 4 “Doctoral studies of talented international students in Estonian universities”, European Social Fund
- 2006–2007 Mainland Student Scholarship in the City University of Hong Kong
- 2002–2003 Outstanding Student Scholarship, Department of Social Work of National Women’s University of China
- 2001–2002 Outstanding Student Scholarship, National Women’s University of China
- 2001–2002 Excellent Student Cadre Scholarship, National Women’s University of China
- 2001–2002 Outstanding English Performance Scholarship, National Women’s University of China
- 10/2001 Excellent Summer Social Investigation Report Scholarship, Department of Social Work of National Women’s University of China
- 2000–2001 Outstanding Student Scholarship, National Women’s University of China
- 2000–2001 Hard-working Student Scholarship, National Women’s University of China
- 1999–2000 Outstanding Student Scholarship, National Women’s University of China

RESEARCH AND DEVELOPMENT WORK

Main research interest:

Subjective and objective well-being of older people and welfare policy; social inclusion and social protection of older people; care provision for older people; active and healthy ageing; comparative ageing research, suicide/depression prevention, mental health promotion

Professional membership:

2017 to present: ESA - European Sociological Association (affiliated to the ESA Research Network: RN1 Ageing in Europe)

2017 to present: SGS – Sveriges Gerontologiska Sällskap

Publications:

Refereed articles

Wu, J. (2017). European older adults’ suicide and well-being in the context of welfare state and family: Revisiting relevant theories. *Injury Medicine (Electronic Edition)*, 6(4), 62-66. (in Chinese)

Tulva, T., Wu, J., Medar, M., Bugarszki, Z., Saia, K., Kriisk, K., Wilken, J.-P., & Tabur, H. (2016). Promising Community-Based Practices to Postpone the Need for Institutional Elderly Care: a descriptive study of community developers in Estonia. *East-West Studies. Journal of Social Sciences of Tallinn University School of Governance, Law and Society*, 7, 116–125.

Fässberg, M. M., Cheung, G., Canetto, S. S., Erlangsen, A., Lapierre, S., Lindner, R., Draper, B., Gallo, J. J., Wong, C., Wu, J., Duberstein, P., & Waern, M. (2016). A systematic review of physical illness, functional disability, and suicidal behaviour among older adults. *Aging and Mental Health*, 20(2), 166-194.

Wu, J., Kasearu, K., Värnik, A., Tooding, L.-M., & Trommsdorff, G. (2016). Associations between quality of relationships and life satisfaction of older mothers in Estonia, Germany, Russia and China. *Ageing and Society*, 36(06), 1272–1294.

Wu, J. (2015). European older adults' suicide patterns, methods and prevention programs. *Injury Medicine (Electronic Edition)*, 4(4), 26-30. (in Chinese)

Wu, J., Värnik, A., Tooding, L.-M., Värnik, P., & Kasearu, K. (2014). Suicide among older people in relation to their subjective and objective well-being in different European regions. *European Journal of Ageing*, 11(2), 131-140.

Värnik, A., Sisask, M., Värnik, P., Wu, J., Kõlves, K., Arensman, E., Maxwell, M., Reisch, T., Gusmão, R., van Audenhove, C., Scheerder, G., van der Feltz-Cornelis, C. M., Coffey, C., Kopp, M., Szekely, A., Roskar, S., & Hegerl, U. (2011). Drug suicide: A sex-equal cause of death in 16 European countries. *BMC Public Health*, 11(1), 61.

Yur'yev, A., Leppik, L., Tooding, L.-M., Sisask, M., Värnik, P., Wu, J., & Värnik, A. (2010). Social inclusion affects elderly suicide mortality. *International Psychogeriatrics*, 22(8), 1337-1343.

Other articles

Wu, J., & Saia, K. (2012). Social work education and profession development in China and Estonia. *Social Work*, 3, 45-49. (in Estonian)

Liblik, E., Wu, J., & Saame, K. (2011). Nordic-Baltic Doctoral Summer School: New perspectives and expertise in qualitative methods of social work research. *Social Work*, 1, 55-59. (in Estonian)

Articles in progress

Wu, J., Hasselgren, C., Zettergren, A., Zetterberg, H., Blennow, K., Skoog, I., & Halleröd, B. The impact of social networks and APOE ε4 on dementia among older adults: Tests of possible interactions. Under review in *Aging & Mental Health*.

Wu, J., Li, X., & Yan, S. Suicide prevention in old age in China 2002-2017: The linkage to the

Madrid International Plan of Action on Ageing (MIPAA). Under review in *the International Journal of Ageing in Developing Countries MIPAA special issue*.

Journal reviewer:

Reviewer, *BMC Public Health*, 11/2010; *Archives of Suicide Research*, 10/2012; 1/2013; *International Journal of Comparative Sociology*, 10/2017.

Related conference presentations:

Wu, J., Hasselgren, C., & Halleröd, B. The impact of social networks and *APOE ε4* on dementia among older adults: Tests of possible interactions. 13th Conference of the European Sociological Association (ESA): (Un)Making Europe: Capitalism, Solidarities, Subjectivities, Athens, Greece, 29th August – 1st September, **2017**

Wu, J., & Halleröd, B. Social networks may decrease the risk of genes on dementia among older adults? 18th Meeting of the Section of Epidemiology and Social Psychiatry of the European Psychiatric Association (EPA) – Social Psychiatry and Epidemiology in a Changing World, Gothenburg, Sweden, November 30-December 3, **2016**

Wu, J. Chairing the session ‘Suicide Prevention Tools’ in the 15th European Symposium of Suicide and Suicidal Behavior (15th ESSSB), Tallinn, Estonia, August 27-30, **2014**

Wu, J., Värnik, P., Sisask, M., & Värnik, A. Suicide prevention for elderly in micro-level – how emotional closeness with family members works? 15th European Symposium of Suicide and Suicidal Behavior (15th ESSSB), Tallinn, Estonia, August 27-30, **2014**

Wu, J., Värnik, A., Värnik, P., Tooding, L.-M., & Kasearu, K. Suicide and subjective/objective well-being among older Europeans: The analyses of data from European Social Survey (ESS) and Eurostat. International Conference of European Social Survey – ‘Cross-National Evidence from European Social Survey: Exploring Public Attitudes, Informing Public Policy in Europe’, Nicosia, Cyprus, November 23-25, **2012**

Wu, J., Värnik, A., Värnik, P., Tooding, L.-M., & Kasearu, K. Suicide among older people in relation to their subjective and objective well-being in different European regions. Social Work & Society – between Private, Public and the State: 10th annual TiSSA Plenum & PreConference of the PhD-Network, Bucharest, Romania, August 24-29, **2012**

Wu, J., Leppik, L., Sisask, M., Värnik, P., Lumiste, K., & Värnik, A. Elderly suicide and homicide correlated with ageism in European countries. Integrating Cultural Perspectives in the Understanding and Prevention of Suicide: the 26th IASP World Congress on Suicide Prevention, Beijing, China, September 13-17, **2011**

Wu, J., Leppik, L., Sisask, M., Värnik, P., Lumiste, K., & Värnik, A. Society's attitudes affect suicides among old people in Europe. Politics of Identity – The Changing Face of Social Work:

9th annual TiSSA Plenum & PreConference of the PhD-Network, Hradec Králové, Czech Republic, August 21-26, **2011**

Wu, J. Attitudes in society influence suicide mortality in elderly [Ühiskonna hoiakud mõjutavad eakate suitsiidide levikut]. Annual Conference of Estonian Psychiatric Association, Pärnu, Estonia, May 27, **2011**

Wu, J. Gender- and method-specific suicide prevention among elderly in 16 European countries [Soo- ja meetodipõhine suitsidipreventsioon eakate hulgas 16 Euroopa riigis]. X Annual Conference of Estonian Centre for Behavioural and Health Sciences, Sagadi, Estonia, May 12-14, **2011**

Wu, J., Värnik, A., Sisask, M., Värnik, P., Kõlves, K., Arensman, E., Maxwell, M., Reisch, T., Gusmao, R., van Audenhove, C., Scheerder, G., van der Feltz-Cornelis, C. M., Coffey, C., Kopp, M., Szekely, A., Roskar, S., & Hegerl, U. Drug suicide: A gender-equal cause of death in 16 European countries. 13th European Symposium of Suicide and Suicidal Behavior (13th ESSSB), Rome, Italy, September 1-4, **2010**

Wu, J., Värnik, A., Sisask, M., Värnik, P., Kõlves, K., Arensman, E., Maxwell, M., Reisch, T., Gusmao, R., van Audenhove, C., Scheerder, G., van der Feltz-Cornelis, C. M., Coffey, C., Kopp, M., Szekely, A., Roskar, S., & Hegerl, U. Gender- and method-specific suicide prevention among elderly in 16 European countries. 2010 Joint World Conference on Social Work and Social Development: The Agenda. Hong Kong, China, June 10-15, **2010**

Wu, J. Suicide with drug overdose [Ravimite üledoosiga sooritatud suitsiidid]. IX Annual Conference of Estonian Centre for Behavioral and Health Sciences, Lapanina, Estonia, May 20-22, **2010**

Wu, J. Suicide among young rural women in China [Suitsiid Hiina noorte maanaiste hulgas]. VII Annual Conference of Estonian Centre for Behavioral and Health Sciences, Narva-Jõesuu, Estonia, May 29-31, **2008**

Supervision:

2017 Spring

Old-age social exclusion: The role of social relations in loneliness and social isolation (Victor Hillström, master thesis)

Teaching:

2018 Spring

Course for bachelor students in University of Gothenburg, Sweden

- ‘Living in Europe: Work, Welfare and Family’ in the program of European Studies (ES) (team lecturing)

2012 Autumn

Course for Erasmus and Estonian students in Tallinn University, Estonia

- Comparative Social Work Research and Practice in Estonia and China (team lecturing)

2012 Summer

Tallinn Summer School – Interdisciplinary issues in Estonia: Social Work and Educational Science Degree course, July 27th – August 3rd 2012

- Estonian & Chinese Welfare System & Social Work in Comparative Perspective (team lecturing in ‘Social Work and Social Welfare in Comparison’)

2012 Spring

Course for Erasmus and Estonian students in Tallinn University, Estonia

- Comparative Social Work Research and Practice in Estonia and China (team lecturing)

Course for master students in Tallinn University, Estonia

- Suicide Prevention for Older People in Europe (team lecturing in ‘Prevention and intervention in Suicidology’)

2011 Autumn

Course for Erasmus and Estonian students in Tallinn University, Estonia

- Comparative Social Work Research and Practice in Estonia and China (team lecturing)

2011 Summer

Tallinn Summer School, Social Work and Social Policy Issues, July 22nd–29th, 2011

- Suicide Prevention for Older People in Europe (team lecturing in ‘Mental Health Issues’)

2011 Spring

Course for master students in Tallinn University, Estonia

- Suicide Prevention for Older People in Europe (team lecturing in ‘Prevention and intervention in Suicidology’)

2010 Spring

Course for master students in the institute of Social Work, Tallinn University, Estonia

- Suicide among Older People in Europe (team lecturing in ‘Prevention and intervention in suicidology’)

Pedagogical training:

2017 Autumn

- Teaching and Learning in Higher Education 1: Basic Course (HPE101), the Unit of Pedagogical Development and Interactive Learning (PIL), University of Gothenburg, Sweden

2017 Spring

- Teaching Academic Writing in English, the Unit for Academic Language (ASK), University of Gothenburg, Sweden (2017.4.20 & 5.04)

2011 Spring

- Learning and Teaching in University, Tallinn University, Estonia

ADMINISTRATIVE AND OTHER DUTIES

Research project responsibilities:

- 2015–now Research Project financed by Sten A. Olsson Foundation for Research and Culture, 2014-2017, "What we are and what we do? How genetics and living conditions impact on dementia among older people"; researcher
- 2015–2015 Research Project financed by Estonian Ministry of Social Affairs, 12.01.2015–12.12.2015, "Community-based support for elderly: supporting coping and preventing need for institutional care"; researcher
- 2014–2014 Norwegian Financial Mechanism, Public Health Programme 2009-2014, Project KA/9214, "Health Promotion Station – Trainings for Communities"; trainer
- 2012–2014 EC public health project ACTION FOR HEALTH - Reducing Health Inequalities: Preparation for Action Plans and Structural Funds; researcher and local project manager
- 2008–2012 EC 7FP project OSPI-Europe - Optimized Suicide Prevention Programs and Their Implementation in Europe; other staff
- 2003–2004 Beijing Committee of Science and Technology project – Comprehensive Intervention on Mental Disorders (the goal of this project was to obtain the prevalence of depressive disorder among inpatients and outpatients at general hospitals in Beijing); investigator
- 2002–2003 Research Grants Council of Hong Kong project - Attitudes toward and Cultural Meanings of Suicide in Contemporary Chinese Society (the goal of this project was to provide the fundamental information for the development of effective public campaigns, programs and policies for reducing suicides in the increasingly inter-connected societies of Hong Kong and China); investigator

Research project meetings:

AFH (ACTION-FOR-HEALTH) EC public health project meeting IV - International conference on health inequalities, health promotion and structural funds, Murska Sobota, Slovenia, June 17-19, **2014**

AFH (ACTION-FOR-HEALTH) EC public health project meeting III – Summer school on tackling health inequalities in practice, Murska Sobota, Slovenia, September 23-25, **2013**

AFH (ACTION-FOR-HEALTH) EC public health project meeting II - training workshop on the preparation of regional action plans in tackling health inequalities through structural funds, Murska Sobota, Slovenia, March 19-20, **2013**

AFH (ACTION-FOR-HEALTH) EC public health project kick-off meeting, Luxembourg, September 10-11, **2012**

MPHHands (Mental Health Promotion Handbooks) EC public health project meeting, Athens, Greece, April 5-9, **2011**

T-MHP (Training for Mental Health Promotion) EC Leonardo da Vinci project meeting, Helsinki, Finland, September 27-29, **2010**

EAAD (European Alliance against Depression) EC public health project meeting, Leipzig, Germany, June 24-27, **2008**

The 2nd ProMenPol EC 6FP project conference – ‘Promotion of Mental Health: Improving Practice and Policy’, Berlin, Germany, June 19-20, **2008**

Research project reports:

Wu, J. (2017). *A brief overview of Swedish social work*. Project report of "International Social Work Research" in cooperation with China Institute of Industrial Relations. Beijing: Institute of Social Welfare and Social Progress (Center for Policy Research), Ministry of Civil Affairs, China. (in Chinese)

Tulva, T., Medar, M., Leppik, L., Bugarszki, Z., Wu, J., Kriisk, K., Saia, K., & Tabur, H. (2015). *Community-based support for elderly: Supporting coping and preventing need for institutional care*. Project final report. Tallinn: Tallinn University. (in Estonian)

Wu, J., Malken, M., Sisask, M., & Värnik, A. (2013). Republic of Estonia – Rapla County. In J. Vervoordeldonk, A. Dorgelo, H. Timmermans, & T. Krajnc-Nikolić (Eds.). *Situation analysis and needs assessment in seven EU-countries and regions: reducing inequalities in health*. Murska Sobota, Slovenia: Institute of Public Health Murska Sobota. (EC public health project ACTION FOR HEALTH - Reducing Health Inequalities: Preparation for Action Plans and Structural Funds)

Wu, J., Sisask, M., & Värnik, A. (2013, electronic version). Reduction of health inequalities in Rapla County (Estonia) using a health promotion life-course perspective. An action plan. Tallinn, Estonia: Estonian-Swedish Mental Health and Suicidology Institute. (EC public health project ACTION FOR HEALTH - Reducing Health Inequalities: Preparation for Action Plans and Structural Funds)

PROFESSIONAL DEVELOPMENT

- 2017 EU-COST Training school ‘Reducing old-age social exclusion’, September 18-21, 2017, University of Camerino, Italy
- 2017 EU-COST Training school ‘Intergenerational family solidarity across Europe’, June 6-9, 2017, TU Dortmund, Germany
- 2017 EU-COST Training school ‘Theory and methods in research on ageism and age-discrimination’, May 30 - June 2, 2017, Linköping University, Campus Norrköping, Sweden
- 2017 Research course ‘Application of epidemiological methods in aging research’, May 8-12, 2017, Aging Research Center, Karolinska Institutet, Stockholm, Sweden
- 2017 Grant Writing Course ‘How to write a successful grant proposal’, February 21st and March 1st, 2017, University of Gothenburg, Sweden
- 2015 EU-COST Training school ‘Developing a research career in Gerontology and Geriatrics’, June 17-19, 2015, Vilnius University, Lithuania
- 2015 Workshop ‘Epigenetics as the meeting point between nature and nurture’, March 19-20, 2015, Uppsala University, Uppsala, Sweden
- 2014 Training course of ‘Structural Equation Modeling (SEM) and its implementation’, University of Tartu, Estonia, autumn semester, 2014
- 2011 Training course of ‘Multilevel Modeling’, Tallinn University, Estonia, autumn semester, 2011
- 2008 Summer school for doctoral students in social sciences - ‘Challenges of Democracy in post-Communist Europe: Social Tolerance’, Mykolas Romeris University, Vilnius, Lithuania, September 21-28, 2008
- 2008 Research seminar – ‘Perception and Action: Effects of Ageing and Other Determinants’, University of Tartu, Tartu, Estonia, April 21, 2008
- 2006–2007 Field work – ‘Learning in the Field: A Study of Parent Education Programs in Tin Shui Wai of Hong Kong’, City University of Hong Kong, Hong Kong
- 12/2004 Training course for national hotline supervisors, Beijing Suicide Research and Prevention Center, Beijing Huilongguan Hospital, China
- 11/2003 Workshop on ‘National Suicide Prevention Plan for China’, Beijing Suicide Research and Prevention Center, Beijing Huilongguan Hospital, China
- 11/2002 Hotline training course from Lifeline of Hong Kong, Beijing Suicide Research and Prevention Center, Beijing Huilongguan Hospital, China

The Nordic-Baltic Doctoral Network in Social Work (NBSW) research courses and summer schools of direct importance:

‘Writing and Publishing in Social Work’, Norwegian University of Science and Technology, Trondheim, Norway, October 3-4, **2012**

‘Social Work – Global Trends and Local Challenges’, University of Tartu, Estonia, August

6-10, **2012**

‘The Role of Social Work Research – Theories, Discourses and Structures in New Perspectives’, Aalborg University, Denmark, August 16-20, **2010**

‘Inclusion and Exclusion in European Social and Labor Market Policies’, Swedish Postgraduate School in Social Work, Lund University, Sweden, April 12-16, **2010**

‘Identity and History in Social Work’, Tallinn University, Estonia, November 25-27, **2009**

‘Research Ethics in Social Work’, University of Tampere, Finland, March 18-20, **2009**

PUBLIC AND SOCIAL ACTIVITIES

- 2014 Presentation “How to encourage elderly participation in community?”, Estonian Mental Health and Well-being Coalition (VATEK) Information Day “How do (not) blow your life?!”, Meedla Koda Lossi 15, Kuressaare, Saaremaa, 31.10.2014
- 2014 Local organization and co-ordination with symposia and workshops presenters (2/2014–8/2014) in 15th European Symposium of Suicide and Suicidal Behavior (15th ESSSB), Tallinn, Estonia, August 27-30, 2014
- 2011 Moderator in SEYLE (Saving and Empowering Young Lives in Europe) EC 7FP project conference – ‘Mental Health at Schools in Tallinn’, Tallinn, Estonia, November 9, 2011
- 2010–2011 Data entry and database quality control of SEYLE (Saving and Empowering Young Lives in Europe) EC 7FP project
- 10/2005 Local organization and co-ordination in conference on ‘Prevention and Management of Depression and Suicide in Older People’, Beijing Suicide Research and Prevention Center, Beijing Huilongguan Hospital, China
- 9/2005 Open-air counseling activities on the Second Suicide Prevention Day, Beijing Suicide Research and Prevention Center, Beijing Huilongguan Hospital, China
- 11/2004 Local organization and co-ordination in conference on ‘Prevention and Management of Depression and Suicide in University Students’, Beijing Suicide Research and Prevention Center, Beijing Huilongguan Hospital, China
- 9/2004 Open-air awareness campaigns at two Beijing universities on the First Suicide Prevention Day, Beijing Suicide Research and Prevention Center, Beijing Huilongguan Hospital, China

Language proficiency:

Chinese (native), English (fluent), Estonian (good, national language B1 examination), Swedish (good, national SAS-1 level)